

Henry Ford **ENHANCE**

# WorkLife Services

Provides confidential and professional consultation and referral to assist with a wide spectrum of work, family and personal issue at no cost to you.

Together, we can help you manage life's challenges.



## WorkLife Services

Henry Ford Health System recognizes the challenges of balancing work with the circumstances of everyday life, understanding that often times, employees wear many hats causing them to feel out of balance, unfocused, unproductive and unhappy. Henry Ford ENHANCE Employee Assistance Program (EAP) has a comprehensive and extensive work-life resource available to employees and their family members to assist and support them with this all too common challenge. WorkLife Care Consultants provide professional consultation and referral to assist with a wide spectrum of work, family, and personal issues.

Services are available 24/7 via a toll-free number, website, and live chat.

Members only website features an extremely comprehensive level of resource articles, audio and video files covering emotional well-being, health and wellness, and workplace issues as well as child care, elder care, adoption, legal, financial, and education.

To Connect with a WorkLife Consultant at any time, call **855.492.3637**.

## Access is easy!

No matter when, no matter where, you and your family have access to professional support 24 hours a day, 7 days a week. Call or log on to get started:

### Toll-Free Work/Life Specialists

**855-492-3637**

### Henry Ford ENHANCE website

**Henry ford.com/enhance**

Username: henryfordenhance

Password: cityofberkley

### On-line chat

This option is available through "LiveConnect" and a connection takes place within moments. You will see the LiveConnect tab at the top of the home page once logged into WorkLife Services.

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## Members only website features include:

- Live, monthly, online seminars with archiving of past seminars
- News for you updated monthly featuring new articles and resources
- Skill builders: online training programs
- Financial calculators
- Streaming audio and video files covering a range of health and emotional health topics
- More than 11,000 regularly updated articles
- Monthly interactive polls

## Resources to help connect you with the following:

### Child care

- Choosing Child Care
- Summer/Holiday Care
- Special Needs Child Care
- Community Resources

### Elder care

- Care for older adults
- Special needs adult care
- Medicare and medicaid
- Caregiver support

### Daily living

- Travel and recreation
- Dining and entertainment
- Consumer issues
- Pet care
- Community resources
- Legal and financial issues
- Health and wellness

### Education

- K-12
- Colleges and universities
- Financing
- Ged-vocational
- Tutors and test prep

### Financial assistance

- Bankruptcy
- Buying a home for the first time
- College fund planning
- Credit card debt
- Identity theft prevention
- Retirement planning
- Foreclosure prevention
- Major life event planning
- Budgeting and credit monitoring

### Legal assistance

- Estate planning/wills/trusts
- Landlord/tenant/real estate
- Adoption
- Bankruptcy
- Criminal and small claims
- Divorce/custody issues
- Personal injury/malpractice

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